

ATHLETIC/ACTIVITY

ALCOHOL, TOBACCO, AND OTHER DRUG POSSESSION, USE, ABUSE, and PENALTIES POLICY

Participation in school sanctioned sports and activities is a privilege and responsibility, which requires all participants to adhere to athletic training rules, imposed by the school district and member or affiliate school the student attends and represents. Adherence to training rules ensures that all student athletes are in top physical condition, minimizes potential for injury, and further ensures that all member and affiliate school athletic teams are appropriately represented by their student athletes. Therefore, the possession or use of any controlled substance, alcohol, or tobacco products by a student or the athlete being in proximity of such substance is prohibited and shall result in the penalties set forth herein.

This regulation shall be in effect from the time a student first participates in a school-sanctioned sport or activity until the student graduates from high school. This policy shall remain in effect during all summer months and vacation periods from school regardless of whether the student is currently participating in high school athletics or activities.

- a. **Definitions:** The following terms or phrases shall have the meaning ascribed to them for purposes of interpreting this policy.
1. **Competitive Week** – means a seven (7) day period of time beginning with the first scheduled competition after a violation occurs in which a student athlete is participating as a member of an athletic team for a member or affiliate school, and in which that team is officially competing in OSAA sanctioned competition.
 2. **Controlled Substance** – includes any mind altering substance or beverage set forth in Schedule I-V of the list of Controlled Substances as identified by the office of the Drug Enforcement Administration or as set forth in 21 U.S.C. § 812.
 3. **Period of Suspension** – means a student is prohibited from appearing in any school sanctioned sport or event as a member of an athletic team or in individual competition after a violation occurs. A student who is suspended under this regulation who does not serve the entire period of suspension during the sport season in which suspension occurs shall serve any remaining period of suspension during the sport season in which the student athlete appears on a team roster. A violation of this regulation that occurs during a time when a student does not appear on a team roster shall be implemented at the commencement of the next sport season in which the student athlete participates.
- b. **Possession/use or in the proximity of the illegal use of tobacco, Alcohol/Controlled Substance/Narcotics.** Any student determined to be in possession of, or to have used tobacco, including smoking tobacco or chewing tobacco, an alcoholic beverage, controlled substance and/or narcotic (unless using it as prescribed by the student athlete's physician for medical purposes), is in violation of this policy. In addition, if a student is around any of the above substances, whether it is in the presence of one or more individuals using inside or outside of school hours, the athlete must leave the situation immediately and notify their coach within 24 hours. Proximity is not defined as being around a parent or guardian who are consuming legally. Failure to do so will result in disciplinary action. If after an investigation by the school it is determined that the student athlete is in violation of this regulation the student athlete shall immediately be declared ineligible to compete in any school competition beginning with the first scheduled competition after a violation occurs. Additionally the student athlete shall be subject to the following discipline:
1. **FIRST VIOLATION:** a six (6) competitive week suspension from participation in interscholastic competition beginning with the first scheduled competition after the suspension occurs. Four (4) competitive weeks of the suspension of eligibility may be waived if the student successfully completes all components of the appropriate substance abuse intervention program set forth below. The student may practice with the team during the period of suspension if approved by the coach and principal.
 - A. A substance abuse evaluation assessment conducted by a licensed alcohol and drug counselor at the expense of the parent/legal guardian of the student must be completed within ten (10) school days following the suspension and all assessment recommendations must be satisfactorily met before athletic eligibility may be reinstated.
 - B. The student must successfully complete 25 hours of school service, and successfully complete a minimum of three (3) tobacco or alcohol/drug related support sessions.

2. **SECOND VIOLATION:** the student shall be suspended from interscholastic competition for a minimum of sixty (60) days. The student shall not be allowed to practice with the team, or participate in season activities and must complete the requirements set forth in subparagraphs A and B below, in order to be considered for reinstatement of future athletic eligibility, which shall be determined following the sixty (60) day suspension of athletic eligibility by a group composed of one of the student's parents/legal guardians, the school principal, athletic director, coach and a substance abuse program coordinator.
 - A. A substance abuse evaluation assessment conducted by a licensed alcohol and drug counselor at the expense of the parent/legal guardian of the student must be completed within ten (10) school days following the suspension and all assessment recommendations must be satisfactorily met before athletic eligibility may be reinstated.
 - B. The student must successfully complete 25 hours of school service, and successfully complete a minimum of three (3) tobacco or alcohol/drug related support sessions.
4. **THIRD VIOLATION:** the student shall be ineligible to participate in interscholastic activities for 365 calendar days, and must complete a minimum of 100 hours of school service to be eligible for re-instatement. Future violations will result in the student being ineligible to participate in athletics and activities for the remainder of their high school career.
 - c. **Cumulative Effect of Suspensions:** Multiple suspensions of a student athlete's eligibility based on violations of this regulation shall be considered as cumulative over the length of each student athlete's high school career, 9th – 12th grade.
 - d. **Substance Abuse Intervention Program:** any student who has been suspended from athletic eligibility for violation of the provisions of this regulation and whose future athletic eligibility is contingent on successful completion of a substance abuse intervention program shall complete the substance intervention program in conjunction with the school and the drug and alcohol counselor.
 1. Successful completion of the substance abuse intervention program shall require at a minimum:
 - A. The completion of a video program specific to the nature of the student athlete's offense, by the student athlete, and his/her parent(s) or legal guardian(s), as demonstrated by the successful completion of a test on the content of the video by the student and their parents/guardians.
 - B. The completion of a minimum of eight (8) hours of school service. Successful completion shall be determined by the Athletic Director.

Note: This policy reflects athletic consequences only. Additional school related consequences may apply.

Athletic Attendance Policy

Athletes must be in attendance at school for all periods on the day of a practice or event in order to participate. Exceptions must be cleared by the building Principal or designee. Any athlete who cuts a class will be suspended from playing in the next game/meet/match. Absences due to school activities or pre-arranged absences are exempt. Parent notes will not exempt an athlete from this policy.

I have read and understand the drug/alcohol and athletic attendance policies.

Student Name: _____

Date: _____

Student Signature

Parent Signature