

**MHS COACHES WANT WHAT COLLEGE COACHES WANT:**

Coaches of any sport, at any level want players who have the following characteristic:

- Integrity
- Honesty
- Resolve
- Dedication

Coaches of any sport, at any level want players who have the following athletic work ethic:

- Consistency throughout a practice and throughout a competition
- A high drive on offense and defense; when winning and when losing
- Vocal in a positive, encouraging and knowledgeable way
- Has a prominent athletic ability
- Above all: THE PLAYER IS A STUDENT-ATHLETE

**Education before Participation**

**THERE ARE OVER 7 MILLION HIGH SCHOOL ATHLETES**

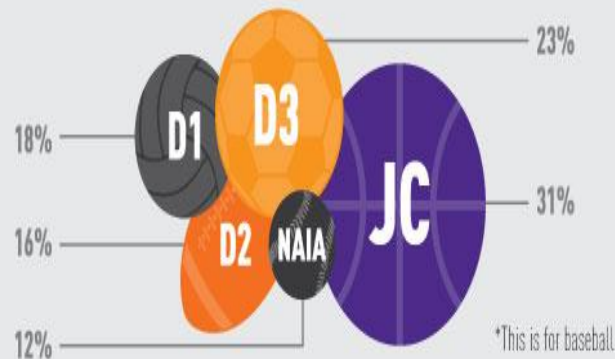


**...BUT ONLY ENOUGH COLLEGE ROSTER SPOTS FOR 2% OF THEM**

**AND ONLY 1% OF THEM GET FULL RIDES TO D1**

**DID YOU KNOW?**

**82% OF COLLEGES ARE OUTSIDE OF D1**



**RECRUITING FUNNEL**



**Making Your Athletic Ability PAY OFF**



**MHS ATHLETES**



MHS is here to support your goals

# HOW YOU MARKET YOURSELF MATTERS

## Q & A

**Scholarships are available, but planning and marketing are essential.**

### Everyone

- KEEP a strong GPA and seek help with any subjects where you are struggling
- EVALUATE your athletic/physical ability, set goals to improve, and achieve them
- MAINTAIN strong personal integrity and stay out of trouble
- LEARN the recruiting rules and calendar
- POST your athletic and academic information online where coaches can see it

### Freshman and sophomores

- START recording performances for your highlight video
- TARGET schools you are interested in every division; aim for 100 total
- CONTACT the coaches you targeted so they know who you are
- PRACTICE for the ACT or SAT
- VISIT as many campuses as you can for camps, game days, etc.

### Juniors

- **TAKE the ACT or SAT**
- FINISH your highlight/skills video (with spot shadowing) and send it to coaches
- Fill out school of interest athlete perspective form on college website
- BUILD relationships with coaches and always respond to them
- REGISTER with the NCAA Eligibility Center
- FIND ways to get exposure, like combines, tournaments, club teams and showcases

### Seniors

- SUBMIT your college applications and your FAFSA
- GO on official and unofficial visits
- CALL coaches, find out where you stand, and give them up-to-date information
- ASSESS your position; take stock of your offers
- CHOOSE your school and commit

### Important websites for more information

**NCAA ELIGIBILITY:** <http://www.ncaa.org/wps/wcm/connect/public/NCAA/Eligibility/>

**NAIA ELIGIBILITY:** <http://www.playnaia.org/page/eligibility.php>

**JUNIOR COLLEGE ELIGIBILITY:** [www.njcaa.org/.../110107\\_2\\_Eligibility%20Pamphlet%2010-11.doc](http://www.njcaa.org/.../110107_2_Eligibility%20Pamphlet%2010-11.doc)

**FINANCIAL AID:** <http://www.fafsa.ed.gov/>

**Do I need to limit myself to one sport at Molalla so college coaches will notice me?**

Yes and No. Dedicating time, energy and focus to one sport will help an athlete refine and improved skills. However, skill sets will only improve it competition, conditioning and understanding of the game improve.

**What are my chances of earning a full-ride athletic scholarship?**

There is a 2% chance of any athlete earning a full-ride scholarship (all college expenses paid). Many college athletic programs are only given enough full-ride scholarships for one-third to one-half of the athletes that will be on a team. Some coaches split scholarships between players so that more student-athletes receive financial support.

**If I do not earn an athletic scholarship, how will I afford college?**

Over 85% of students at private colleges receive financial aid (loaned money) and grants (free money). The two most important characteristics of a college should be: Academic Interests and Financial Options. Once that is found, seek an athletic